



3<sup>rd</sup> Annual  
**Eastern Society  
of Pelvic Medicine  
Annual Meeting**

**Friday October 20, 2017  
The Arcadian Loft, Simpson Tower  
401 Bay St. (8<sup>th</sup> Floor)**

8:25 a.m.                      **Welcome & Introduction**  
Patricia Lee

Moderator: Dana Soroka, University of Toronto

8:30 a.m.                      **Management of Refractory OAB**  
Atamjit Gill, Urogynaecology, Memorial University  
Learning objectives:  
1. Understand the medical management options for OAB  
2. How to develop an integrated program for OAB management

9:00 a.m.                      **The Role of Pelvic Physiotherapy in the Treatment of Overactive Bladder**  
Nelly Faghani, Physiotherapist, Pelvic Health Solutions  
Learning objectives:  
1. Become familiar with the role of physiotherapy in the treatment of overactive bladder  
2. Discuss components of the pelvic floor physiotherapy assessment and treatment plan

9:30 a.m.                      **Botox and the Pelvic Floor**  
Colleen McDermott, Urogynaecology, University of Toronto  
Learning Objectives:  
1. Review background and mechanism of action of Botox in the body  
2. To review the use of Botox in various conditions of the bladder, anus and for pelvic pain  
3. Review techniques on how to deliver the medication appropriately  
4. To review risks and adverse events associated with injections

10:00 a.m.                      **AM Refreshment Break**

Moderator: May Alarab, University of Toronto

10:30 a.m.                      **Intrapelvic Neuropathies and Pudendal Neuralgia – A Neglected Cause of Perineal Pain and Pelvic Floor Dysfunction**  
Nucelio Lemos, Neurogynaecology, University of Toronto  
Learning Objectives:  
1. Review the anatomy of the nerve bundles crossing the pelvis  
2. Understand the symptoms and signs related to intrapelvic nerve damage  
3. To discuss the management of intrapelvic nerve entrapment syndromes

11:00 a.m.                      **OASIS: Not Like It Sounds**  
Cathy Flood , Urogynaecology, University of Alberta  
Learning Objectives:  
1. To discuss the current knowledge surrounding obstetrical sphincter injury  
2. To review preventative measures and plan for the future

- 11:30 a.m.                    **The Role of Anorectal Manometry Study for the investigation of Fecal Incontinence and Dyssynergic Defecation**  
Louis Liu, Gastroenterology, University of Toronto  
Learning objectives:  
1. Describe the indications and information that can be obtained from an ARM study  
2. Identify the role of ARM in the assessment of patients with FI and DD  
3. Apply the ARM study in the management of patients with FI and DD
- 12:00 noon                    Lunch Break
- Moderator: Lisa Merovitz, McGill University
- 1:00 p.m.                    **Outcomes of Conservative vs Surgical Treatment of Stress Urinary Incontinence: What do we Really Know? Where Should We Go From Here**  
Scott Farrell, Urogynaecology, Dalhousie University  
Learning objectives:  
1. The participant will be able to provide accurate informed consent to patients regarding surgical treatment of SUI  
2. The participant will be able to counsel patients regarding the relative effectiveness of conservative treatment options for SUI.
- 1:30 p.m.                    **The Role of the Nurse Continence Advisor**  
Fran Stewart, Nurse Continence Advisor  
Learning Objectives:  
1. How this impacts practice and waiting times  
2. Conservative management as a first line
- 2:00 p.m.                    **Is There Still a Role for Mesh Midurethral Slings for SUI?**  
Sender Herschorn, Urology, University of Toronto  
Learning objectives:  
1. Become familiar with the controversies over the use of mesh for SUI.  
2. Be better equipped to decide on what procedure to offer patients for surgical treatment of SUI
- 2:30 p.m.                    PM Refreshment Break
- Moderator: Jane Schultz, University of Alberta
- 3:00 p.m.                    **Surgical Management of Apical Prolapse: To Mesh or Not To Mesh**  
Dante Pascali and Hisham Khalil, Urogynaecology, University of Ottawa  
Learning Objectives:  
1. To review the surgical options for the treatment of apical prolapse.  
2. To evaluate the evidence for the use of graft augmentation in these repairs.
- 3:30 p.m.                    **Vaginal LASER Treatment**  
Shawna Johnston, Urogynaecology, Queens University  
Wendy Wolfman, Gynaecology, University of Toronto  
Learning Objectives:  
1. To understand the use of vaginal laser treatment  
2. To become familiar with upcoming vaginal laser treatment guidelines
- 4:00p.m.                    Group Photo  
4:15 p.m.                    Business Meeting
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- 7:00 – 10:00 p.m.           Dinner at Mistura sponsored by Astellas (265 Davenport Rd.)